



**Love and Treasure This Moment of Introspection:  
Love Is: The Truth About The Definition of Love**

What is your definition of love? Write it down below, after you become familiarized with why writing your own definition is important. For more information you can see from the Love and Treasure post titled, [Love Is: The Truth About the Definition of Love](#) . After you write it, post this definition where you're reminded and supported by your unique definition of love.