



Love and Treasure This Moment of Introspection: How Can We Invite Others to Give As Well?

As you can see from the Love and Treasure post titled, [How Can You Help Women and Children To Show Them Your Love?](#) realizing how much and how easily you can help with whatever amount you have to give is almost addicting.

So how do you spread the cheer to others?

Here are some suggested ways:

- instead of receiving gifts on your birthday, you can tell your family that you'll fundraise to support people who need more help than you do. It's even better if they can donate in their own name, not necessarily in yours.
- Or if you do want gifts, you can buy yourself a product that you know helps the seller or ask for those products as gifts. This can include requesting jewelry from places where supporting a women's business is literally life-saving. They can also just buy themselves a bracelet in your honor and you can just all wear it when you get together.
- Buy Etsy products as often as you can (most of the products are made by women)
- Request all Etsy gifts.
- Have all Etsy Christmas exchanges.
- The above kids can work for the holidays or other celebrations when you usually get gifts
- Cancel your next mani/pedi and give the the gift of straight toes and feet instead
- Cancel your next hair appointment (your hair, by the way, is simply dead protein) and donate to give someone the gift of prolonged life instead
- Cancel our next massage and donate instead
- Forgo watching a movie and give the gift of sight instead
- Use at least part of your windfall to make someone else's life feel as blessed as you're feeling
- Avoid donating in isolation, instead of going out and having fun, invite your family to gather around the computer screen and pick causes that you want to donate to.
- No matter how little your baby is, you can always promote literacy by explaining to them the condition that you're helping others with via your donation

- If you qualify for a tax reimbursement, reinvest some or all of that money to your favorite donations
- You can host fundraising events or raffles to raise money
- Have garage sales and make all the proceeds go to your favorite charity
- The sky's the limit.
- Perhaps one of the best things you can do is to be such an example, that other people, including your children want to forgo gifts in order to gift people who need more hope, more health and more love than they do.
- And if you physically volunteer your time for an organization, definitely and as much as possible take your loved ones with you.

These are all paths of opportunity for you to make a difference.

Instead of focusing on why others aren't helping, open your OWN heart to giving.

Feel free to add your own and make them happen. 😊