Love and Treasure This Moment of Introspection: How to Start Love Conversations With the World At Large

The following is an excerpt from my guide. It includes some of questions about love you can start using to kick-start your own conversations.

Love in Your Interpersonal Relationships

• On a scale of 1-10, how is your relationship with your spouse? Why? How do you think it's currently affecting you?

Fun and Imaginative Questions About Love

• If you were invisible, what would you do in relation to your first true love?

Excited About Love

• What about our relationship makes you the most excited? Why?

Love in the Arts

• If you had to choose one song that someone could dedicate to you, what song would it be? Why? Which song lyrics from that song in particular do you most identify with or wish to most identify?

Sometimes It's Not All About You

You can ask people whom you don't have a romantic relationship with the following question:

• What is the best advice for maintaining your connection to your spouse when the kids are born?

Love Around the World

• What do you think of interracial love? What is your favorite book, movie or show that portrays this dynamic? Do you think that people of the same racial background have a greater possibility of lasting? Who is your favorite interracial couple?

Ways of Being Loved

What is the greatest expression of love someone has given you?

How to Introduce Love Conversations to Children and Make them Feel Loved

• Who makes you feel the most loved?

How to Show Our Pets We Love Them

• If you were your pet, would you feel loved? Why or why not?

How to Show Love to The Planet

• What daily action do you take to show the planet your love?

Commenting on Movies and Shows

After you watch a movie talk about how love was portrayed in that movie so that you can express how you would like to be loved.

• Which character would you like to be based on the love they received? Why?